

ADULT EVENING BALLET PROGRAM

Alameda Ballet Academy

SEPTEMBER/OCTOBER 2019

1402 PARK STREET, ALAMEDA, CA



Instructor Julie Lowe



THREE CLASS LEVELS OFFERED

ADULT INTRO

Tuesdays 6:30-7:30 pm

Begins September 3

\$160 (8 Week Series)

For you if:

You have no experience (or very little)
and want to begin at the beginning!

ADULT BEGINNING

Thursdays 6:30-7:30 pm

Begins September 5

\$160 (8 Week Series)

For you if:

You've studied for 9-12 months and are
ready to move beyond the basics.

ADULT BEGINNING/INTERMEDIATE

Tuesdays 7:30-9:00 pm

Begins September 3

\$160 (8 Week Series)

A 90 minute class for dancers with a minimum of two years of training. Class includes a complete barre and center featuring turns, jumps and traveling exercises. If you've trained intensively for years and ballet was once a focus in your life, and now you simply want to dance for the joy of it, this class is for you!

Register at AlamedaBallet.com

510.337.1929

Combine two series and receive a discount!

Julie Lowe serves as Associate Artistic Director of Menlowe Ballet. She has danced and taught professionally for her entire adult life and was a principal dancer with Oakland Ballet for over a decade. Her teaching style provides adult students of all levels the opportunity to pursue their passion for ballet in a joyful, supportive and welcoming atmosphere.